

CENTRAL UTAH RESOURCES




Nutrition

	<p>Walmart Supercenter 777 N Main St Ephraim, UT84627 435-283-8189 https://www.walmart.com/store/2794/ephraim-ut/details</p>	<p>Supermarket</p>	<p>Prices vary</p>
	<p>Eureka Mobile Food Pantry 70 East Main Street Eureka, UT84628 https://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=6960</p>	<p>Food Assistance</p>	<p>Free</p>
	<p>First Baptist Church of Nephi 65 South Main Street Nephi, UT84648 435-623-5613 http://www.fbcnephi.org/</p>	<p>Food Assistance</p>	<p>Free</p>
	<p>Walmart Supercenter 10 E 1300 S Richfield, UT84701 435-893-8164 https://www.walmart.com/store/5168/richfield-ut/details</p>	<p>Supermarket</p>	<p>Prices vary</p>
	<p>Lin's Fresh Market 250 S Main Street Richfield, UT84701 435-896-8447 http://www.freshmarketstores.com/</p>	<p>Supermarket</p>	<p>Prices vary</p>

	Wayne County Farmers Market 185 West Main Street Torrey, UT84775 801-742-1592 http://www.ediblewasatch.com/	Fresh Produce and other products	Prices vary
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Blood Pressure

	<p>Walmart Supercenter 777 N Main St Ephraim, UT84627 435-283-8189 https://www.walmart.com/store/2794/ephraim-ut/details</p>	Blood Pressure Machine	Blood Pressure measurements are free
	<p>Walmart Supercenter 10 E 1300 S Richfield, UT84701 435-893-8164 https://www.walmart.com/store/5168/richfield-ut/details</p>	Blood Pressure Machine	Blood Pressure measurements are free
	<p>Lin's Fresh Market 250 S Main Richfield, UT84701 435-896-8447 https://linsgrocery.com/?loc=richfield</p>	Blood Pressure Machine	Blood Pressure measurements are free

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Mental Health

	<p>Central Utah Counseling Center 100 North 390 West Ephraim, UT84627 435-283-4065 http://www.cucc.us/</p>	<p>Individual, couple/marriage and family therapy</p>	<p>Call for pricing</p>
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