




SALT LAKE COUNTY RESOURCES

THE AVENUES: PHYSICAL ACTIVITY

	<p>West High 241 North 300 West Salt Lake City, UT84103 801-578-8500 http://west.slcschools.org/</p>	<p>Track, Open grass, Tennis</p>	<p>Free</p>
	<p>Ensign Peak Trail From downtown Salt Lake City, drive State Street north to the capitol, fork right and follow the road around to the northeast. It becomes East Capitol Boulevard. Follow it up the hill to the north and then turn left onto North Sandrun Road. Follow that ro Salt Lake City, UT84103 800-200-1160 https://utah.com/hiking/ensign-peak</p>	<p>Hike: 1 mile round trip</p>	<p>Free</p>


SALT LAKE COUNTY RESOURCES

THE AVENUES: NUTRITION

	<p>Smith's 402 6th Avenue Salt Lake City, UT84103 801-328-1683 https://www.smithsfoodanddrug.com/stores/details/706/00077?cid=loc70600077_gmb</p>	Fresh Produce and other products	Prices vary
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SALT LAKE COUNTY RESOURCES

THE AVENUES: BLOOD PRESSURE

	<p>Smith's 402 6th Avenue Salt Lake City, UT84103 801-328-1683 https://www.smithsfoodanddrug.com/stores/details/706/00077?cid=loc70600077_gmb</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
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SALT LAKE COUNTY RESOURCES

THE AVENUES: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES





COTTONWOOD HEIGHTS: PHYSICAL ACTIVITY


	<p>Crestwood Park 7485 Siesta Dr (1700 E) Cottonwood Heights, UT84093 385-468-7275 http://slco.org/parks/crestwood-regional-park/</p>	<p>Walking/Jogging Path, Horseshoes, Tennis</p>	<p>Free</p>
	<p>Parkridge Trailhead 7355 S to 7465 S 1682 E Cottonwood Heights, UT84121 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging/Hiking Path</p>	<p>Free</p>
	<p>Butler Middle 7530 South 2700 East Cottonwood Heights, UT84121 801-826-6800 http://butlermiddle.canyonsdistrict.org/</p>	<p>Open grass</p>	<p>Free</p>
	<p>Brighton High 2220 East Bengal Blvd Cottonwood Heights, UT84121 801-826-5800 http://brightonhigh.canyonsdistrict.org/</p>	<p>Track, Open grass</p>	<p>Free</p>
	<p>Cottonwood High 5715 South 1300 East Murray, UT84121 385-646-5264 http://schools.graniteschools.org/cottonwoodhigh/</p>	<p>Track, Open grass, Tennis</p>	<p>Free</p>

	<p>Cecret Lake Hike From I-15 in Sandy, UT take exit #298 and head east on Highway 209 for 7 miles to where it joins 210 (Little Cottonwood Canyon Road). At this junction (with a big flashing message sign) drive up Little Cottonwood Canyon for 11 miles to a parking lot on th Salt Lake City, UT84121 800-200-1160 https://utah.com/hiking/cecret-lake</p>	<p>Hike: 1.5 miles round trip</p>	<p>Free</p>
	<p>Mary, Martha and Catherine Trails The trailhead is at the back of the parking lot at Brighton Ski Resort. A kiosk provides trail information. From there you just follow the obvious trail SW into the forest. Salt Lake City, UT84121 800-200-1160 https://utah.com/hiking/lake-catherine-mary</p>	<p>Hike: 4 miles round trip, Lakes (Swimming)</p>	<p>Free</p>
	<p>Silver Lake Trail Easy stroll around a beautiful lake at Brighton Ski Resort, at the top of Big Cottonwood Canyon. From the trailhead parking, a boardwalk extends out into a meadow and then along the lake shoreline. Salt Lake City, UT84121 800-200-1160 https://utah.com/hiking/silver-lake-trail</p>	<p>Hike: 0.75 miles round trip, Lakes (Swimming)</p>	<p>Free</p>
	<p>Twin Lakes and Lake Solitude Trails From the parking area at Brighton, you can see Silver Lake. To get to the parking area, drive to Brighton Resort at the top of Big Cottonwood Canyon. Then follow the boardwalk out to the lake. Salt Lake City, UT84121 800-200-1160 https://utah.com/hiking/lake-solitude-twin-lakes</p>	<p>Hike: 2.75 miles round trip, Lakes (Swimming)</p>	<p>Free</p>

SALT LAKE COUNTY RESOURCES




COTTONWOOD HEIGHTS: NUTRITION

	<p>Murray Park Farmers Market Murray City Park 200 East 5200 South Murray, UT84121 801-233-3010 http://www.astutetraveler.com/venue.aspx?cityid=61&venueid=671&cityname=Salt+Lake+City&venue=Murray+Farmer%27s+Market</p>	<p>Wide assortment of local produce and other food products</p>	<p>Prices vary</p>
	<p>Bountiful Baskets Wasatch Fire Station Cottonwood Heights, UT84121 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket every other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Smith's 3470 Bengal Blvd Salt Lake City, UT84121 801-943-0050 https://www.smithsfoodanddrug.com/stores/details/706/00081?cid=loc70600081_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Super Target 7025 Park Centre Drive Salt Lake City, UT84121 801-255-2292 https://www.target.com/sl/fort-union/1751</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

	<p>Reams 2396 East 7000 South Salt Lake City, UT84121 801-942-0722 http://www.reamsfoods.com/7000south.aspx</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>The Store 2050 East 6200 South Salt Lake City, UT84121 801-272-1212 http://www.thestoreutah.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>


SALT LAKE COUNTY RESOURCES

COTTONWOOD HEIGHTS: BLOOD PRESSURE

	<p>Smith's 3470 Bengal Blvd Salt Lake City, UT84121 801-943-0050 https://www.smithsfoodanddrug.com/stores/details/706/00081?cid=loc70600081_gmb</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Super Target 7025 Park Centre Drive Salt Lake City, UT84121 801-255-2292 https://www.target.com/sl/fort-union/1751</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 2330 E Fort Union Blvd Cottonwood Heights, UT84121 801-308-1013 https://www.walgreens.com/locator/walgreens-2330+e+fort+union+blvd-cottonwood+heights-ut-84121/id=10731</p>	<p>Blood Pressure Machine</p>	<p>Free</p>

SALT LAKE COUNTY RESOURCES

COTTONWOOD HEIGHTS: MENTAL HEALTH

	<p>Valley Mental Health 5965 South 900 East Murray, UT84121 801-270-6550 http://www.vmh.com/</p>	<p>Outpatient treatment has an emphasis on short-term treatment to help individuals and families to manage their problems and live in the community. This includes individual therapy/counseling, family therapy/counseling, group therapy, medication evaluation.</p>	<p>Most insurances accepted - fees are on a sliding scale. Call for more details.</p>
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SALT LAKE COUNTY RESOURCES


DOWNTOWN SALT LAKE CITY: PHYSICAL ACTIVITY

	<p>Bryant Middle 40 South 800 East Salt Lake City, UT84102 801-578-8118 http://bryant.slcschools.org/</p>	<p>Open grass</p>	<p>Free</p>
	<p>East High 840 South 1300 East Salt Lake City, UT84102 801-583-1661 http://east.slcschools.org/</p>	<p>Track, Open grass, Tennis</p>	<p>Free</p>
	<p>Salt Lake City Sports Complex 645 South Guardsman Way (1580 East) Salt Lake City, UT84108 385-468-1925 http://slco.org/recreation/slcSports/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Central City Recreation Center 615 S 300 E Salt Lake City, UT84111 385-468-1550 http://www.slco.org/recreation/centralcity/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>

SALT LAKE COUNTY RESOURCES






DOWNTOWN SALT LAKE CITY: NUTRITION

	<p>Smith's 876 East 800 South Salt Lake City, UT84102 801-355-2801 https://www.smithsfoodanddrug.com/stores/details/706/00044?cid=loc70600044_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Smith's 873 East South Temple Salt Lake City, UT84102 801-531-4396 https://www.smithsfoodanddrug.com/stores/details/706/00001?cid=loc70600001_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Smith's Marketplace 455 South 500 East Salt Lake City, UT84102 801-328-6033 https://www.smithsfoodanddrug.com/stores/details/706/00094?cid=loc70600094P_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Sprouts 216 South 700 East Salt Lake City, UT84102 801-364-1602 https://www.sprouts.com/store/ut/salt-lake-city/salt-lake-city/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Fresh Market 1638 South 9th East Salt Lake City, UT84105 801-484-8741 http://freshmarketstores.com/all</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>


	Harmons 135 East 100 South Salt Lake City, UT84111 801-428-0366 http://www.harmonsgrocery.com/	Fresh Produce and other products	Prices vary

SALT LAKE COUNTY RESOURCES

DOWNTOWN SALT LAKE CITY: BLOOD PRESSURE

	<p>Smith's 876 East 800 South Salt Lake City, UT84102 801-355-2801 https://www.smithsfoodanddrug.com/stores/details/706/00044?cid=loc70600044_gmb</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Smith's 873 East South Temple Salt Lake City, UT84102 801-531-4396 https://www.smithsfoodanddrug.com/stores/details/706/00001?cid=loc70600001_gmb</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Smith's Marketplace 455 South 500 East Salt Lake City, UT84102 801-328-6033 https://www.smithsfoodanddrug.com/stores/details/706/00094?cid=loc70600094P_gmb</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 531 E 400 S Salt Lake City, UT84102 801-478-0703 https://www.walgreens.com/locator/walgreens-531+e+400+s-salt+lake+city-ut-84102/id=9238</p>	<p>Blood Pressure Machine</p>	<p>Free</p>
	<p>Fresh Market 1638 South 9th East Salt Lake City, UT84105 801-484-8741 http://freshmarketstores.com/all</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>

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	<p>Harmons 135 East 100 South Salt Lake City, UT84111 801-428-0366 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
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SALT LAKE COUNTY RESOURCES

DOWNTOWN SALT LAKE CITY: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES





DRAPER/RIVERTON: PHYSICAL ACTIVITY

	<p>South Mountain Park 14300 S 657 E Draper, UT84020 385-468-7275 http://slco.org/parks/south-mountain-park/</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>
	<p>Corner Canyon High 12943 South 700 East Draper, UT84020 801-826-6400 http://cchs.canyonsdistrict.org/</p>	<p>Track, Open grass</p>	<p>Free</p>
	<p>Apple Orchard Neighborhood Park 13300 South Apple Orchard Lane Draper, UT84020 801-576-6557 http://www.draper.ut.us/Facilities/Facility/Details/33</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Corner Canyon Regional Park 1900 East 14200 South Draper, UT84020 801-576-6557 http://www.draper.ut.us/Facilities/Facility/Details/39</p>	<p>walking/jogging trails</p>	<p>Free</p>
	<p>Cranberry Neighborhood Park 310 East High Berry Lane Draper, UT84020 801-576-6557 http://www.draper.ut.us/Facilities</p>	<p>walking path</p>	<p>Free</p>

	<p>Deer Hollow Neighborhood Park 12918 South 1700 East Draper, UT84020 801-576-6557 http://www.draper.ut.us/Facilities/Facility/Details/Deer-Hollow-Neighborhood-Park-41</p>	Walking/Jogging Path	Free
	<p>Draper City Park 12500 South 1300 East Draper, UT84020 801-576-6570 http://www.draper.ut.us/555/Draper-City-Park</p>	Walking/Jogging Path, volleyball, open grass	Free/ Prices vary
	<p>Draper Pool 657 East Vestry Road Draper, UT84020 385-468-1909 http://slco.org/draper-pool/</p>	Pool	Prices vary by age and length of pass - check out the website or give them a call for specific costs.
	<p>Eagle Crest Trailhead Park Eagle Crest Trail Draper, UT84020 801-576-6557 http://www.draper.ut.us/facilities/facility/details/Eagle-Crest-Trail-SunCrest-60?PREVIEW=YES&PREVIEW=YES</p>	Hiking and Walking Trails	Free
	<p>Galena Hills Park 12500 South 550 West Draper, UT84020 801-576-6570 http://www.draper.ut.us/Facilities/Facility/Details/12</p>	Walking/Jogging Path, volleyball, open grass	Free





	<p>Green Clover Neighborhood Park 13320 South Green Clover Road Draper, UT84020 801-576-6557 http://www.draper.ut.us/Facilities/Facility/Details/Green-Clover-Neighborhood-Park-44</p>	Walking/ Jogging trails	Free
	<p>Oquirrh Hills Middle 12949 South 2700 West Riverton, UT84065 801-412-2350 http://oquirrhillsmiddle.org/</p>	Open grass	Free
	<p>South Hills Middle 13508 South 4000 West Riverton, UT84065 801-412-2400 http://southhills.jordandistrict.org/</p>	Open grass	Free
	<p>Riverton High 12476 South Silverwolf Way Riverton, UT84065 801-256-5800 http://rivertonhigh.org/</p>	Track, Open grass, Tennis	Free
	<p>Jordan River Parkway Roi Hardy Park Trailhead 12400 South 1000 West Riverton, UT84065 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free

	<p>Jordan River Parkway Rotary Park Trailhead 12300 South 973 West Riverton, UT84065 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway Riverbend Trailhead 12765 South 1125 West Riverton, UT84065 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway Arrow Trailhead 13807 South 1300 West Riverton, UT84065 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway Springview Farms Trailhead 14600 South 1220 West Riverton, UT84065 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway Jordan Narrows Trailhead 1100 West Jordan Narrows Road Bluffdale, UT84065 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free



	<p>Western Springs Park 12790 S 4570 W Riverton, UT84096 385-468-7275 http://slco.org/parks/western-springs-park/</p>	Walking/Jogging Path	Free
	<p>Yellow Fork Canyon 15000 S 8094 W Herriman, UT84096 385-468-7275 https://www.singletracks.com/bike-trails/yellow-fork-rose-canyon.html</p>	Walking/Jogging Path	Free
	<p>Fort Herriman Middle 14058 Mirabella Drive Herriman, UT84096 801-412-2450 http://forherriman.org/</p>	Open grass	Free
	<p>Herriman High 11917 South Mustang Trail Way Herriman, UT84096 801-567-8530 http://www.herrimanhigh.org/</p>	Track, Open grass, Tennis	Free

SALT LAKE COUNTY RESOURCES

DRAPER/RIVERTON: NUTRITION




	<p>Bountiful Baskets Draper Fire Station Draper, UT84020 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Smith's 212 East 12300 South Draper, UT84020 801-571-2052 https://www.smithsfoodanddrug.com/stores/details/706/00132?cid=loc70600132_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Harmons 672 East 11400 South Draper, UT84020 801-576-9911 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Harmons 125 East 13800 South Draper, UT84020 801-617-0111 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>




	<p>Walmart Supercenter 1360 Draper Parkway Draper, UT84020 801-816-0838 https://www.walmart.com/store/5110/draper-ut/details</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Whole Foods Market **Permanently Closed 11479 South State Street, Unit B Draper, UT84020 801-676-2200 http://www.wholefoodsmarket.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Bountiful Baskets North Star Academy Bluffdale, UT84065 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Walmart Supercenter 13502 Hamilton View Road Riverton, UT84065 801-446-2981 https://www.walmart.com/store/3620/riverton-ut/details</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Peterson's 1784 West 12600 South Riverton, UT84065 801-254-0761 http://petersonsfreshmarket.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

	<p>Bountiful Baskets Herriman Rosecrest Firestation #123 Herriman, UT84096 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Smith's 5560 West 13400 South Herriman, UT84096 801-254-8208 https://www.smithsfoodanddrug.com/stores/details/706/00108?cid=loc70600108_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

DRAPER/RIVERTON: BLOOD PRESSURE

	<p>Smith's 212 East 12300 South Draper, UT84020 801-571-2052 https://www.smithsfoodanddrug.com/stores/details/706/00132?cid=loc70600132_gmb</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Harmons 672 East 11400 South Draper, UT84020 801-576-9911 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Harmons 125 East 13800 South Draper, UT84020 801-617-0111 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walmart Supercenter 1360 Draper Parkway Draper, UT84020 801-816-0838 https://www.walmart.com/store/5110/draper-ut/details</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 1311 Draper Parkway Draper, UT84020 801-571-0378</p>	<p>Blood Pressure Machine</p>	<p>Free</p>

	https://www.walgreens.com/locator/walgreens-1311+e+draper+pkwy-draper-ut-84020/id=6281		
	Walmart Supercenter 13502 Hamilton View Road Riverton, UT84065 801-446-2981 https://www.walmart.com/store/3620/riverton-ut/details	Blood Pressure Machine	Blood Pressure free
	Walgreens 12623 S Redwood Road Riverton, UT84065 801-254-4916 https://www.walgreens.com/locator/walgreens-12623+s+redwood+rd-riverton-ut-84065/id=7007	Blood Pressure Machine	Free
	Smith's 5560 West 13400 South Herriman, UT84096 801-254-8208 https://www.smithsfoodanddrug.com/stores/details/706/00108?cid=loc70600108_gmb	Blood Pressure Machine	Blood Pressure free
	Walgreens 5627 W 13400 S Herriman, UT84096 801-307-1909 https://www.walgreens.com/locator/walgreens-5627+w+13400+s-herriman-ut-84096/id=11524	Blood Pressure Machine	Free
	CVS Pharmacy 4968 W 13400 S Herriman, UT84096 801-254-6135	Blood Pressure Machine	Free

	https://www.cvs.com/store-locator/cvs-pharmacy-address/4968+West+13400+South-Herriman-UT-84096/storeid=10308?WT.mc_id=LS_GOOGLE_FS_10308		
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SALT LAKE COUNTY RESOURCES

DRAPER/RIVERTON: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES



FOOTHILL/U OF U: PHYSICAL ACTIVITY

	<p>Hillside Middle 1825 South Nevada Street Salt Lake City, UT84108 801-481-4828 http://hillside.slcschools.org/</p>	<p>Open grass</p>	<p>Free</p>
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SALT LAKE COUNTY RESOURCES



FOOTHILL/U OF U: NUTRITION

	<p>Fresh Market 2040 South 23rd East Salt Lake City, UT84108 801-487-1784 http://freshmarketstores.com/all</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Dan's 1360 South Foothill Blvd Salt Lake City, UT84108 801-583-3267 http://dansfoods.com/?loc=foothill</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>University of Utah Farmers Market University of Utah Tanner Plaza 201 South 1460 East Salt Lake City, UT84112 801-585-9352 https://testingcenter.utah.edu/directions/ssb.php</p>	<p>Wide assortment of local produce and other food products</p>	<p>Prices vary</p>
	<p>VA Farmers Market VA Medical Center 500 Foothill Drive Salt Lake City, UT84112 801-742-1592 http://www.ediblewasatch.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

	<p>Wasatch Front Farmers Market Wheeler Farm 6351 South 900 East Salt Lake City, UT84112 801-742-1592 http://www.ediblewasatch.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Bountiful Baskets Salt Lake State Fairpark Salt Lake City, UT84112 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>

SALT LAKE COUNTY RESOURCES

FOOTHILL/U OF U: BLOOD PRESSURE

	<p>Fresh Market 2040 South 23rd East Salt Lake City, UT84108 801-487-1784 http://freshmarketstores.com/all</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Dan's 1360 South Foothill Blvd Salt Lake City, UT84108 801-583-3267 http://dansfoods.com/?loc=all</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>





SALT LAKE COUNTY RESOURCES


FOOTHILL/U OF U: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES

GLENDALE: PHYSICAL ACTIVITY

	<p>Sorenson Multicultural and Unity Fitness Center 855 W California Ave Salt Lake City, UT84104 385-468-1300 http://slco.org/recreation/sorenson/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Glendale Middle 1430 West Andrew Avenue Salt Lake City, UT84104 801-974-8319 http://glendale.slcschools.org/</p>	<p>Open grass</p>	<p>Free</p>
	<p>Jordan River Parkway 1700 N Redwood Road Trailhead Salt Lake City, UT84104 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Jordan River Parkway 1025 Genesee Avenue Trailhead Salt Lake City, UT84104 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>

	<p>Jordan River Parkway 1040 S 900 W Trailhead Salt Lake City, UT84104 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway 1300 S 1303 W Trailhead Salt Lake City, UT84104 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free

SALT LAKE COUNTY RESOURCES

GLENDALE: NUTRITION

	<p>Downtown Farmer's Market Historic Pioneer Park 300 South 300 West Salt Lake City, UT84101 801-333-1103 http://www.slcfarmersmarket.org/</p>	<p>Wide assortment of local produce and other food products</p>	<p>Prices vary</p>
	<p>Downtown Tuesday Farmer's Market Historic Pioneer Park 300 South 300 West Salt Lake City, UT84101 801-333-1103 http://www.slcfarmersmarket.org/</p>	<p>Wide assortment of local produce and other food products</p>	<p>Prices vary</p>
	<p>Smith's 828 South 900 West Salt Lake City, UT84104 801-364-2548 https://www.smithsfoodanddrug.com/stores/details/706/00080?cid=loc70600080_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

GLENDALE: BLOOD PRESSURE

	<p>Smith's 828 South 900 West Salt Lake City, UT84104 801-364-2548 https://www.smithsfoodanddrug.com/stores/details/706/00080?cid=loc70600080_gmb</p>	Blood Pressure Machine	Blood Pressure free
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SALT LAKE COUNTY RESOURCES






GLENDALE: MENTAL HEALTH






NO RESOURCES CURRENTLY LISTED.





SALT LAKE COUNTY RESOURCES

HOLLADAY: PHYSICAL ACTIVITY

	<p>Big Cottonwood East Park 4500 S 1500 E Millcreek, UT84117 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Big Cottonwood Regional Park 4300 S 1300 E Millcreek, UT84117 385-468-7275 http://slco.org/parks/big-cottonwood-regional-park-big-cottonwood-area/</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>
	<p>Bonneville Trailhead 2945 S Wasatch Blvd Millcreek, UT84117 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging/Hiking Path</p>	<p>Free</p>
	<p>Canyon Rim Park 3100 S 3100 E Millcreek, UT84117 385-468-7275 https://slco.org/parks/canyon-rim-park/</p>	<p>Walking/Jogging Path, Horseshoes, Tennis</p>	<p>Free</p>
	<p>Creekside Park 4800 S 1664 E Holladay, UT84117 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path, Volleyball</p>	<p>Free</p>




	Evergreen Park 3425 S 2230 E Millcreek, UT84117 385-468-7275 http://slco.org/parks/evergreen-park/	Walking/Jogging Path	Free
	Bonneville Junior High 5330 South Gurene Drive (1650 East) Salt Lake City, UT84117 385-6465124 http://schools.graniteschools.org/bonnevillejr/	Track, Open grass	Free
	Olympus Junior High 2217 East Murray Holladay Road Salt Lake City, UT84117 385-646-5224 http://schools.graniteschools.org/olympusjr/	Open grass	Free
	Holladay Lions Recreation Center 1661 E Murray-Holladay Road (4800 S) Holladay, UT84124 385-468-1700 http://slco.org/recreation/holladayLions/	Fitness Room and Aquatics.	Prices vary
	Mill Creek Canyon East on 3800 S from 3500 E Wasatch National Forest, UT84124 385-468-7275 http://slco.org/parks/millcreek-canyon/	Walking/Jogging/Hiking Path	Free

	<p>Olympus Hills Park 4500 S 3131 E Millcreek, UT84124 385-468-7275 http://slco.org/parks/olympus-hills-park/</p>	Walking/Jogging Path, Tennis	Free
	<p>Churchill Junior High 3450 East Oakview Drive (4275 South) Salt Lake City, UT84124 385-646-5144 http://schools.graniteschools.org/churchilljr/</p>	Open grass	Free
	<p>Olympus High 4055 South 2300 East Salt Lake City, UT84124 385-646-5400 http://schools.graniteschools.org/olympushigh/</p>	Track, Open grass	Free
	<p>Desolation Trail to Valley Overlook Enter Millcreek Canyon from 3900 South. The trail begins just east of the Millcreek Inn Restaurant, .75 miles from the bottom of the canyon. A sign indicating the trailhead is just a few yards south of a clearly visible restroom. Salt Lake City, UT84124 800-200-1160 https://www.visitsaltlake.com/listings/Salt-Lake-Overlook-Desolation-Trail/55164/2468/?noredirect=1</p>	Hike: 4.8 miles round trip	Free
	<p>Dog Lake Trail Enter Foothill Blvd on the east bench of Salt Lake City via I-215. Exit at 39th South. Take 3800 South eastbound into the Canyon. Drive all the way to the top of the canyon, you will see the trail parking. Salt Lake City, UT84124 800-200-1160 http://www.utah.com/saltlake/hiking.htm</p>	Hike: 6.5 miles round trip, Lake (Swimming)	Free

	<p>Donut Falls Trail Drive about 9 miles up Big Cottonwood Canyon, to the signed Mill D Trailhead. Salt Lake City, UT84124 800-200-1160 http://www.utahoutdooractivities.com/doughnutfalls.html</p>	<p>Hike: 3.5 miles round trip</p>	<p>Free</p>
	<p>Grandeur Peak via Church Fork The trailhead is located at the Church Fork Picnic Area, in Mill Creek Canyon about 3.2 miles up from the canyon mouth. You pick up the trail at the north end of the picnic area. Salt Lake City, UT84124 800-200-1160 https://utah.com/hiking/grandeur-peak</p>	<p>Hike: 5.5 miles round trip</p>	<p>Free</p>
	<p>Lake Blanch Trails Several trails begin at the Mill B Trailhead, which is about 4.4 miles up Big Cottonwood Canyon. The Lake Blanche trail is signed and easy to find. Look for it on the east end of the lower parking lot. Salt Lake City, UT84124 800-200-1160 https://utah.com/hiking/lake-blanche-trail</p>	<p>Hike: 6 miles round trip, Lakes (Swimming)</p>	<p>Free</p>
	<p>Red Pine Lakes Trail The parking area for the White Pine Trailhead is about 5.5 miles up Little Cottonwood Canyon, just below Snowbird. It is signed and easy to find. From the trailhead, the trail follows an old four-wheel-drive track southwest into White Pine Canyon. There a Salt Lake City, UT84124 800-200-1160 https://utah.com/hiking/red-pine-lake</p>	<p>Hike: 6.5 miles round trip, Lakes (Swimming)</p>	<p>Free</p>




SALT LAKE COUNTY RESOURCES

HOLLADAY: NUTRITION

	<p>Walmart Supercenter 4627 South 900 East Salt Lake City, UT84117 801-261-3695 https://www.walmart.com/store/5350/salt-lake%20city-ut/details</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>The Store **Permanently used 4695 South Holladay Blvd Holladay, UT84117 801-277-3047 http://www.thestoreutah.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Dan's 3981 South Wasatch Blvd Salt Lake City, UT84124 801-272-2622 http://dansfoods.com/?loc=olympus</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

HOLLADAY: BLOOD PRESSURE

	<p>Walmart Supercenter 4627 South 900 East Salt Lake City, UT84117 801-261-3695 https://www.walmart.com/store/5350/salt-lake%20city-ut/details</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 4690 Holladay Blvd Holladay, UT84117 801-278-0411 https://www.walgreens.com/locator/walgreens-4690+s+holladay+blvd-holladay-ut-84117/id=12639</p>	<p>Blood Pressure Machine</p>	<p>Free</p>
	<p>Dan's 3981 South Wasatch Blvd Salt Lake City, UT84124 801-272-2622 http://dansfoods.com/?loc=olympus</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>





SALT LAKE COUNTY RESOURCES

HOLLADAY: MENTAL HEALTH





NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES

KEARNS: PHYSICAL ACTIVITY

	<p>Kearns Recreation Center 5670 S 4800 W Kearns, UT84118 385-468-1715 http://slco.org/recreation/kearns/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Taylorville Recreation Center 4948 S 2700 W Taylorville, UT84118 385-468-1732 http://slco.org/recreation/taylorville/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Cougar Park 6650 S 4800 W Kearns, UT84118 385-468-1800 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>
	<p>David Gourley Park 5015 S 4300 W Kearns, UT84118 385-468-7275 https://slco.org/parks/david-gourley/</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>

	<p>Impressions Park 6200 S 5405 W Kearns, UT84118 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path, Open grass</p>	<p>Free</p>
	<p>North Park 5600 S 5255 W Kearns, UT84118 385-468-7275 https://slco.org/parks/north-park/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>South Park 6134 S 5220 W Kearns, UT84118 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Taylorville Park 4731 South Redwood Rd Taylorville, UT84118 385-468-7275 http://slco.org/parks/taylorville-park/</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>
	<p>Valley Regional Park 5100 S 2700 W Taylorville, UT84118 385-468-7275 http://www.taylorvilleut.gov/government/parks_rec/parks/valley/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Vista Park 5150 S 1950 W Taylorville, UT84118 385-468-7275 https://slco.org/parks/vista-park/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>

	<p>Bennion Junior High 6055 South 2700 West Taylorsville, UT84118 385-646-5114 http://schools.graniteschools.org/bennionjr/</p>	<p>Track, Open grass</p>	<p>Free</p>
	<p>Thomas Jefferson Junior High 5850 South 5600 West Kearns, UT84118 385-646-5194 http://schools.graniteschools.org/jeffersonjr/</p>	<p>Track, Open grass</p>	<p>Free</p>
	<p>Kearns Junior High 4040 West Sams Blvd Kearns, UT84118 385-646-5204 http://schools.graniteschools.org/kearnsjr/</p>	<p>Track, Open grass</p>	<p>Free</p>
	<p>Kearns High 5525 South Cougar Lane Salt Lake City, UT84118 385-646-5380 http://schools.graniteschools.org/kearnshigh/</p>	<p>Track, Open grass</p>	<p>Free</p>

SALT LAKE COUNTY RESOURCES



KEARNS: NUTRITION

	<p>Bountiful Baskets Kearns Rec Center Kearns, UT84118 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Harmons 4872 West 6200 South West Jordan, UT84081 801-965-9450 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Fresh Market 1825 West 4700 South Taylorsville, UT84118 801-964-8424 http://freshmarketstores.com/taylorsville</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Reams 2600 West 4700 South Salt Lake City, UT84118 801-963-0187 http://www.reamsfoods.com/taylorsville.aspx</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

	<p>Reams 3665 West 6200 South Kearns, UT84118 801-969-1999 http://reamsfoods.com/kearns.aspx</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Rancho Market 4071 West 5415 South Kearns, UT84118 801-966-2400 http://www.ranchomarkets.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Stan's Market 4195 West 5415 South Kearns, UT84118 801-969-7293 https://www.facebook.com/StansMarket http://weeklyad.stansmarket.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

KEARNS: BLOOD PRESSURE

	<p>Harmons 4872 West 6200 South West Jordan, UT84081 801-965-9450 http://www.harmonsgrocery.com/</p>	Blood Pressure Machine	Blood Pressure free
	<p>Fresh Market 1825 West 4700 South Taylorsville, UT84118 801-964-8424 http://freshmarketstores.com/fm/index.php</p>	Blood Pressure Machine	Blood Pressure free





SALT LAKE COUNTY RESOURCES




KEARNS: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES



MAGNA: PHYSICAL ACTIVITY

	<p>Magna Recreation Center 3270 S 8400 W Magna, UT84044 385-468-1835 http://slco.org/recreation/magna/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Elk Run Village Park 3500 S 8675 W Magna, UT84044 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Magna-Copper Park 2600 S 8975 W Magna, UT84044 385-468-7275 http://slco.org/parks/magna-copper-park/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Pleasant Green Park 3252 S 8400 W Magna, UT84044 385-468-7275 http://slco.org/parks/pleasant-green-park/</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>

	<p>Brockbank Junior High 2935 South 8560 West Magna, UT84044 385-646-5134 https://www.niche.com/k12/brockbank-junior-high-school-magna-ut/</p>	Track, Open grass	Free
	<p>Scott M. Matheson Junior High 3650 Montclair Street Magna, UT84044 385-646-5290 http://schools.graniteschools.org/mathesonjr/</p>	Track, Open grass	Free
	<p>Cyprus High 8623 West 3000 South Magna, UT84044 385-646-5300 http://schools.graniteschools.org/cyprushigh/</p>	Track, Tennis	Free


SALT LAKE COUNTY RESOURCES

MAGNA: NUTRITION

	<p>Smith's 8055 West 3500 South Magna, UT84044 801-250-6400 https://www.smithsfoodanddrug.com/stores/details/706/00065?cid=loc70600065_gmb</p>	Fresh Produce and other products	Prices vary
	<p>Reams 7235 West 3500 South Magna, UT84044 801-250-6343 http://reamsfoods.com/</p>	Fresh Produce and other products	Prices vary

SALT LAKE COUNTY RESOURCES

MAGNA: BLOOD PRESSURE

	<p>Smith's 8055 West 3500 South Magna, UT84044 801-250-6400 https://www.smithsfoodanddrug.com/stores/details/706/00065?cid=loc70600065_gmb</p>	Blood Pressure Machine	Blood Pressure free
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SALT LAKE COUNTY RESOURCES

MAGNA: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.




SALT LAKE COUNTY RESOURCES

MIDVALE: PHYSICAL ACTIVITY

	<p>Copperview Recreation Center 8446 S Harrison Street Midvale, UT84047 385-468-1515 http://www.slco.org/recreation/copperview/</p>	<p>Fitness Room</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Union Park 7360 S 700 E Midvale, UT84047 385-468-7275 https://slco.org/parks/union-park/</p>	<p>Walking/Jogging Path, Horseshoes, Soccer, Volleyball</p>	<p>Free</p>
	<p>Midvale Middle 7852 South Pioneer Street Midvale, UT84047 801-826-7300 http://midvalemiddle.canyonsdistrict.org/</p>	<p>Open grass</p>	<p>Free</p>
	<p>Hillcrest High 7350 South 900 East Midvale, UT84047 801-826-6000 http://hhs.canyonsdistrict.org/</p>	<p>Track, Open grass, Tennis</p>	<p>Free</p>




SALT LAKE COUNTY RESOURCES

MIDVALE: NUTRITION

	<p>Smith's 980 Fort Union Blvd Midvale, UT84047 801-256-0439 https://www.smithsfoodanddrug.com/stores/details/706/00085?cid=loc70600085_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Harmons 7755 South 700 East Midvale, UT84047 801-561-2286 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Supercenter 7250 Union Park Avenue Midvale, UT84047 801-255-0224 https://www.walmart.com/store/2207/midvale-ut/details</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>WinCo 7020 South 700 West Midvale, UT84047 801-748-0086 http://wincofoods.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

MIDVALE: BLOOD PRESSURE

	<p>Smith's 980 Fort Union Blvd Midvale, UT84047 801-256-0439 https://www.smithsfoodanddrug.com/stores/details/706/00085?cid=loc70600085_gmb</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Harmons 7755 South 700 East Midvale, UT84047 801-561-2286 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walmart Supercenter 7250 Union Park Avenue Midvale, UT84047 801-255-0224 https://www.walmart.com/store/2207/midvale-ut/details</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 7227 S State Street Midvale, UT84047 801-307-0494 https://www.walgreens.com/locator/walgreens-7227+s+state+st-midvale-ut-84047/id=9239</p>	<p>Blood Pressure Machine</p>	<p>Free</p>


SALT LAKE COUNTY RESOURCES






MIDVALE: MENTAL HEALTH


NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES

MILLCREEK: PHYSICAL ACTIVITY






	<p>Fairmont Aquatic Center 1044 E Sugarmonst Drive (2225 S) Salt Lake City, UT84106 385-468-1540 http://www.slco.org/recreation/fairmont/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Scott Avenue Park 3475 S 800 E Millcreek, UT84106 385-468-7275 https://slco.org/parks/scott-avenue-park/</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>
	<p>Sugar House Park 2100 S from 1350 E to 1600 E Salt Lake City, UT84106 385-468-7275 http://slco.org/parks/sugar-house-park/</p>	<p>Walking/Jogging Path, Horseshoes, Soccer, Volleyball</p>	<p>Free</p>
	<p>Highland High 2166 South 1700 East Salt Lake City, UT84106 801-484-4343 http://highland.slcschools.org/</p>	<p>Track, Open grass, Tennis</p>	<p>Free</p>


	<p>Millcreek Community Center 2266 Evergreen Avenue Suite 130 Salt Lake City, UT84109 385-468-1380 http://slco.org/recreation/millcreek/</p>	<p>Fitness Room</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Tanner Park 2760 S 2695 E Salt Lake City, UT84109 385-468-7275 http://slco.org/parks/tanner-park/</p>	<p>Walking/Jogging Path, Horseshoes, Soccer, Volleyball</p>	<p>Free</p>
	<p>Upper Distict/Upper Millcreek 3800 S 3500 E Millcreek, UT84109 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Evergreen Junior High 3401 South 2000 East Salt Lake City, UT84109 385-646-5164 https://www.graniteschools.org/</p>	<p>Open grass</p>	<p>Free</p>
	<p>Wasatch Junior High 3750 South 3100 East Salt Lake City, UT84109 385-646-5244 http://schools.graniteschools.org/wasatchjr/</p>	<p>Open grass</p>	<p>Free</p>

	<p>Skyline High 3251 East 3760 South Salt Lake City, UT84109 385-646-5433 http://schools.graniteschools.org/skylinehigh/</p>	<p>Track, Open grass</p>	<p>Free</p>
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SALT LAKE COUNTY RESOURCES

MILLCREEK: NUTRITION


	<p>New Roots Farmers Stand (International Resuce Committee) 221 South 400 West Salt Lake City, UT84101 801-883-8458 http://www.rescue.org/us-program/us-salt-lake-city-ut/</p>	<p>One of the primary goals of New Roots of Utah is to provide the refugee community with access to fresh, local, affordable and culturally appropriate produce.</p>	<p>Prices vary</p>
	<p>Sugar House Farmers Market Sugarhouse Park 2100 South 1300 East Salt Lake City, UT84106 sugarhousefarmersmarket@gmail.com https://www.facebook.com/SugarHouseFarmersMarket/</p>	<p>Wide assortment of local produce and other food products</p>	<p>Prices vary</p>
	<p>Smith's 1974 South 1100 East Salt Lake City, UT84106 801-466-3325 https://www.smithsfoodanddrug.com/stores/details/706/00002?cid=loc70600002_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Smith's 922 East 2100 South Salt Lake City, UT84106 801-486-4333 https://www.smithsfoodanddrug.com/stores/details/706/00028?cid=loc706000028_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Harmons 3270 South 1300 East Salt Lake City, UT84106 801-487-7736 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

	Whole Foods Market 1131 East Wilmington Avenue Salt Lake City, UT84106 801-359-7913 https://www.wholefoodsmarket.com/stores/sugarhouse	Fresh Produce and other products	Prices vary

SALT LAKE COUNTY RESOURCES

MILLCREEK: BLOOD PRESSURE

	<p>Smith's 1974 South 1100 East Salt Lake City, UT84106 801-466-3325 https://www.smithsfoodanddrug.com/stores/details/706/00002?cid=loc70600002_gmb</p>	<p>Blood Pressure Machine</p>	<p>Prices vary</p>
	<p>Smith's 922 East 2100 South Salt Lake City, UT84106 801-486-4333 https://www.smithsfoodanddrug.com/stores/details/706/00028?cid=loc70600028_gmb</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Harmons 3270 South 1300 East Salt Lake City, UT84106 801-487-7736 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 909 E 2100 S Salt Lake City, UT84106 801-463-4870 https://www.walgreens.com/locator/walgreens-909+e+2100+s-salt+lake+city-ut-84106/id=5737</p>	<p>Blood Pressure Machine</p>	<p>Free</p>
	<p>Smith's Marketplace 3215 South Valley Street Salt Lake City, UT84109 801-486-7514</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>

	https://www.smithsfoodanddrug.com/stores/details/706/00475?cid=loc70600475_gmb		
	Dan's ** Permanently Closed 2330 East 3300 South Salt Lake City, UT84109 801-487-7574 http://dansfoods.com/	Blood Pressure Machine	Blood Pressure free



SALT LAKE COUNTY RESOURCES

MILLCREEK: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES

MURRAY: PHYSICAL ACTIVITY

	<p>Hillcrest Junior High 178 East 5300 South Murray, UT84107 801-264-7442 http://hjhweb.murrayschools.org/</p>	Open grass	Free
	<p>Murray High 5440 South State Street Murray, UT84107 801-264-7460 http://www.murrayschools.org/schools/murray-high/</p>	Track, Open grass	Free


SALT LAKE COUNTY RESOURCES

MURRAY: NUTRITION

	<p>Utah Co-op 291 E 4500 S Murray, UT84107 801-556-2223 http://www.utahcoop.org/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Smith's 845 East 4500 South Murray, UT84107 801-261-3399 https://www.smithsfoodanddrug.com/stores/details/706/00133?cid=loc70600133_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Sprouts 6284 South State Street Murray, UT84107 801-266-3566 https://www.sprouts.com/store/ut/murray/murray/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

MURRAY: BLOOD PRESSURE

	<p>Smith's 845 East 4500 South Murray, UT84107 801-261-3399 https://www.smithsfoodanddrug.com/stores/details/706/00133?cid=loc70600133_gmb</p>	Blood Pressure	Blood Pressure free
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SALT LAKE COUNTY RESOURCES


MURRAY: MENTAL HEALTH

	<p>Family Counseling Center 5250 South Commerce Drive Suite 250 Murray, UT84107 801-261-3500 http://familycounselingcenterutah.com/</p>	<p>Individual, couple/marriage and family therapy</p>	<p>The Family Counseling Center offers a full range of treatment programs on a sliding-fee scale basis, call for more details.</p>
	<p>Shepherd's Staff Christian Counseling Center 525 East 4500 South Suite 125 Murray, UT84107 801-268-1564 http://www.sccc.com/</p>	<p>Individual, couple/marriage and family therapy</p>	<p>Their fees are on a sliding scale based on family monthly income, number of children, the kind of provider you see (doctoral vs. master level), and payment at the time of service (\$20 an hour discount) for seeing a licensed professional for individual counseling.</p>

SALT LAKE COUNTY RESOURCES



ROSE PARK: PHYSICAL ACTIVITY

	<p>Northwest Recreation Center 1255 Clark Ave Salt Lake City, UT84116 385-468-1305 http://slco.org/recreation/northwest/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Northwest Middle 1700 West 1730 North Salt Lake City, UT84116 801-578-8547 http://northwest.sleschools.org/</p>	<p>Open grass</p>	<p>Free</p>
	<p>Jordan River Parkway 800 N 1550 W Trailhead Salt Lake City, UT84116 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Jordan River Parkway Cottonwood Park Trailhead Salt Lake City, UT84116 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>

	<p>Jordan River Parkway Gatsby Trailhead Salt Lake City, UT84116 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
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SALT LAKE COUNTY RESOURCES

ROSE PARK: NUTRITION

	<p>Smith's 1174 West 600 North Salt Lake City, UT84116 801-363-1037 https://www.smithsfoodanddrug.com/stores/details/706/00069?cid=loc70600069_gmb</p>	Fresh Produce and other products	Prices vary
	<p>Anaya's Market 660 North 1200 West Salt Lake City, UT84116 801-364-3114 http://www.anayasmarket.com/</p>	Fresh Produce and other products	Prices vary

SALT LAKE COUNTY RESOURCES

ROSE PARK: BLOOD PRESSURE

	<p>Smith's 1174 West 600 North Salt Lake City, UT84116 801-363-1037 https://www.smithsfoodanddrug.com/stores/details/706/00069?cid=loc70600069_gmb</p>	Blood Pressure Machine	Blood Pressure free
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SALT LAKE COUNTY RESOURCES

ROSE PARK: BLOOD PRESSURE

NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES

SANDY: PHYSICAL ACTIVITY


	<p>G.K. Gilbert Geologic View Park 9788 S Wasatch Blvd Sandy, UT84092 801-537-3300 https://geology.utah.gov/map-pub/survey-notes/geosights/g-k-gilbert-geologic-view-park/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Union Middle 615 East 8000 South Sandy, UT84070 801-826-7500 http://unionmiddle.canyonsdistrict.org/</p>	<p>Open grass</p>	<p>Free</p>
	<p>Jordan High 95 East Beetdigger Blvd Sandy, UT84070 801-826-6200 http://jhs.canyonsdistrict.org/</p>	<p>Track, Open grass, Tennis</p>	<p>Free</p>
	<p>Jordan River Parkway River Oaks Trailhead 9300 South Riverside Drive Sandy, UT84070 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>

	<p>Crescent Park 230 East 11000 South Sandy, UT84070 801-568-7100 https://sandy.utah.gov/Home/Components/FacilityDirectory/FacilityDirectory/16/466</p>	Walking/jogging path, tennis, open grass	Free
	<p>Dewey Bluth Park 170 East 9800 South Sandy, UT84070 801-568-7100 https://sandy.utah.gov/Home/Components/FacilityDirectory/FacilityDirectory/18/36</p>	Walking/Jogging Path	Free
	<p>Bell Canyon Park 11400 South 1700 East Sandy, UT84092 801-568-7100 https://sandy.utah.gov/Home/Components/FacilityDirectory/FacilityDirectory/10/466</p>	Walking/Jogging Path, Tennis	Free
	<p>Bicentennial Park 530 East 8680 South Sandy, UT84092 801-568-7100 https://sandy.utah.gov/Home/Components/FacilityDirectory/FacilityDirectory/2/466</p>	Walking/Jogging Path, Tennis	Free

	<p>Buttercup Park 10075 South 1550 East Sandy, UT84092 801-568-7100 https://sandy.utah.gov/Home/Components/FacilityDirectory/FacilityDirectory/12/36?sortn=FCAddress&sortd=asc</p>	Walking/jogging path, tennis, open grass	Free
	<p>Falcon Park 9200 South 1700 East Sandy, UT84093 801-568-7100 https://sandy.utah.gov/Home/Components/FacilityDirectory/FacilityDirectory/24/466</p>	Walking/Jogging Path	Free
	<p>Dimple Dell Recreation Center 10670 S 1000 E Sandy, UT84094 385-468-3355 http://www.slco.org/recreation/dimpledell/</p>	Fitness Room and Aquatics.	Prices vary by age and length of pass - check out the website or give them a call for specific costs.
	<p>Big Bear Park 930 E Onyx Lane Sandy, UT84094 385-468-7275 http://slco.org/parks/big-bear-park/</p>	Walking/Jogging Path, Horseshoes, Soccer, Volleyball	Free
	<p>Dimple Dell Regional Park 10600 S 1300 E Sandy, UT84094 385-468-7275</p>	Walking/Jogging Path	Free


	https://slco.org/parks/dimple-dell-regional-park/		
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	<p>Granite Park 2725 E Grouse Creek Circle Sandy, UT84094 385-468-7275 https://slco.org/parks/granite-park/</p>	Walking/Jogging Path, Horseshoes, Soccer, Volleyball	Free
	<p>Wrangler Trailhead 10300 S 1300 E Sandy, UT84094 385-468-7275 http://www.waymarking.com/waymarks/WMAW2Y_Wrangler_Trailhead_Dimple_Dell_Park_Sandy_Utah</p>	Walking/Jogging Path	Free
	<p>Eastmont Middle 10100 South 1300 East Sandy, UT84094 801-826-7000 http://eastmontmiddle.canyonsdistrict.org/</p>	Open grass	Free
	<p>Indian Hills Middle 1150 South Vista Way (300 E) Sandy, UT84094 801-826-7100 http://indianhillsmiddle.canyonsdistrict.org/</p>	Open grass	Free
	<p>Alta High 11055 South Hawk Highway (1000 E) Sandy, UT84094 801-826-5600 http://ahs.canyonsdistrict.org/</p>	Track, Open grass, Tennis	Free
	<p>Bell Canyon to First Waterfall 10245 South on Wasatch Blvd Sandy, UT84094 800-200-1160 http://www.utah.com/saltlake/hiking.htm</p>	Hike: 4 miles round trip	Free

	<p>Eastridge Park 120000 South 1000 East Sandy, UT84094 801-568-7100 https://foursquare.com/v/eastridge-park/4c649157e0c4be9a38f68558</p>	Walking, jogging paths	Free
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SALT LAKE COUNTY RESOURCES

SANDY: NUTRITION



	<p>Super Target 10130 South State Street Sandy, UT84070 801-255-3301 https://www.target.com/sl/sandy-south-towne/1752</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Reams 10650 South 7th East Sandy, UT84070 801-571-1482 http://reamsfoods.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Smith's 2039 East 9400 South Sandy, UT84093 801-942-2332 https://www.smithsfoodanddrug.com/stores/details/706/00047?cid=loc70600047_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Reams 8725 South Highland Drive Sandy, UT84093 801-942-7127 http://reamsfoods.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>






	<p>Bountiful Baskets Towers at South Towne Sandy, UT84094 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Bountiful Baskets Alta View Hospital Sandy, UT84094 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Smith's 10305 South 1300 East Sandy, UT84094 801-572-1396 https://www.smithsfoodanddrug.com/stores/details/706/00153?cid=loc70600153_gmb</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Supercenter 9151 South Quarry Blvd Sandy, UT84094 801-352-4200 https://www.walmart.com/store/5235/sandy-ut/details</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

	<p>Walmart Supercenter 9151 Quarry Bend Drive Sandy, UT84094 801-352-4200 https://www.walmart.com/store/5235/sandy-ut/details</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Macey's 7850 South 1300 East Sandy, UT84094 801-255-4888 http://www.maceys.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

SANDY: BLOOD PRESSURE

	<p>Super Target 10130 South State Street Sandy, UT84070 801-255-3301 https://www.target.com/sl/sandy-south-towne/1752</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 9426 S 700 E Sandy, UT84070 801-307-0071 https://www.walgreens.com/locator/walgreens-9426+s+700+e-sandy-ut-84070/id=9237</p>	<p>Blood Pressure Machine</p>	<p>Free</p>
	<p>CVS Pharmacy 11385 S 700 E Sandy, UT84070 801-572-7395 http://www.cvs.com/</p>	<p>Blood Pressure Machine</p>	<p>Free</p>
	<p>Fire Department 9010 S 150 E Sandy, UT84070 801-568-2930 https://sandy.utah.gov/departments/fire-department</p>	<p>Free Measurement - call before</p>	<p>Free</p>
	<p>Smith's 2039 East 9400 South Sandy, UT84093 801-942-2332 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>

	Walgreens 2090 E 9400 S Sandy, UT84093 801-308-1007 http://www.walgreens.com/	Blood Pressure Machine	Free
	Smith's 10305 South 1300 East Sandy, UT84094 801-572-1396 https://www.smithsfoodanddrug.com	Blood Pressure Machine	Blood Pressure free
	Walmart Supercenter 9151 South Quarry Blvd Sandy, UT84094 801-352-4200 https://www.walmart.com	Blood Pressure Machine	Blood Pressure free
	Walmart Supercenter 9151 Quarry Bend Drive Sandy, UT84094 801-352-4200 https://www.walmart.com	Blood Pressure Machine	Blood Pressure free
	Macey's 7850 South 1300 East Sandy, UT84094 801-255-4888 http://www.maceys.com/	Blood Pressure Machine	Blood Pressure free

SALT LAKE COUNTY RESOURCES

SANDY: MENTAL HEALTH



NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES

SOUTH JORDAN: PHYSICAL ACTIVITY

	<p>Marv Jensen Recreation Center 10300 S Redwood Road South Jordan, UT84095 385-468-1630 http://slco.org/recreation/marvJenson/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Elk Ridge Middle 3659 West 9800 South South Jordan, UT84009 801-412-2800 http://elkridgemiddle.org/</p>	<p>Open grass</p>	<p>Free</p>
	<p>South Jordan Middle 10245 South 2700 West South Jordan, UT84095 801-412-2900 http://www.sjms.jordan.k12.ut.us/</p>	<p>Open grass</p>	<p>Free</p>
	<p>Bingham High 2160 West 10400 South South Jordan, UT84095 801-256-5100 http://www.binghamminers.org/</p>	<p>Track, Open grass, Tennis</p>	<p>Free</p>

	<p>Jordan River Parkway Shields Lane Trailhead 947 West Shields Lane South Jordan, UT84095 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway East Riverfront Trailhead 10991 South River Front Parkway South Jordan, UT84095 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway West Riverfront Trailhead 11050 South River Front Parkway South Jordan, UT84095 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway Fishing Ponds Trailhead 11200 South River Front Parkway South Jordan, UT84095 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Bingham Creek Trailhead 4500 West Skye Drive South Jordan, UT84095 801-254-3742 http://www.sjc.utah.gov/parks-recreation/</p>	Walking/Jogging Path	Free

	<p>Daybreak Community Center 4544 Harvest Moon Drive South Jordan, UT84095 801-253-6418 http://livedaybreak.com/places-spaces/daybreak-community-center</p>	<p>fitness center</p>	<p>Prices vary by resident/non-resident status and length of pass.</p>
	<p>East Riverfront Parkway 10900 South River Front Parkway South Jordan, UT84095 801-253-6418 http://www.sjc.utah.gov/parks-recreation/</p>	<p>Walking/ jogging paths, volleyball</p>	<p>Free</p>

SALT LAKE COUNTY RESOURCES


SOUTH JORDAN: NUTRITION



	<p>South Jordan Farmers Market South Jordan Towne Center 10610 South Redwood Road South Jordan, UT84095 801-742-1592 https://www.yelp.com/biz/south-jordan-farmers-market-south-jordan</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Bountiful Baskets South Jordan Fire Station 62 South Jordan, UT84095 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Bountiful Baskets Puddle Jumpers Preschool South Jordan, UT84095 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>

	<p>Smith's 1634 South Jordan Parkway South Jordan, UT84095 801-254-4560 https://www.smithsfoodanddrug.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Harmons 10507 South Redwood Road South Jordan, UT84095 801-446-9984 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Harmons 11453 South Parkway Plaza South Jordan, UT84095 801-495-5402 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Supercenter 11328 South Jordan Gateway South Jordan, UT84095 801-553-2266 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Neighborhood Market 3706 West 9800 South South Jordan, UT84095 801-282-5725 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Supercenter 3590 West South Jordan Parkway South Jordan, UT84095 801-601-3098 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

SOUTH JORDAN: BLOOD PRESSURE

	<p>Smith's 1634 South Jordan Parkway South Jordan, UT84095 801-254-4560 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Harmons 10507 South Redwood Road South Jordan, UT84095 801-446-9984 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Harmons 11453 South Parkway Plaza South Jordan, UT84095 801-495-5402 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walmart Supercenter 11328 South Jordan Gateway South Jordan, UT84095 801-553-2266 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walmart Neighborhood Market 3706 West 9800 South South Jordan, UT84095 801-282-5725 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>

	<p>Walmart Supercenter 3590 West South Jordan Parkway South Jordan, UT84095 801-601-3098 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 10429 S Redwood Road South Jordan, UT84095 801-466-0996 http://www.walgreens.com/</p>	<p>Blood Pressure Machine</p>	<p>Free</p>





SALT LAKE COUNTY RESOURCES

SOUTH JORDAN: BLOOD PRESSURE

NO RESOURCES CURRENTLY LISTED.




SALT LAKE COUNTY RESOURCES

SOUTH SALT LAKE CITY: PHYSICAL ACTIVITY

	<p>Ben Franklin Park 3475 S 800 E Millcreek, UT84115 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>
	<p>48th Street Trailhead 4800 S 800 W Murray, UT84115 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Harmony Park 3760 S Main Street Salt Lake City, UT84115 385-468-7275 http://slco.org/parks/harmony-park/</p>	<p>Horseshoes, Volleyball, Tennis</p>	<p>Free</p>
	<p>Granite Park Junior High 3031 South 200 East Salt Lake City, UT84115 385-646-5174 http://schools.graniteschools.org/graniteparkjr/</p>	<p>Track, Open grass</p>	<p>Free</p>


SALT LAKE COUNTY RESOURCES

SOUTH SALT LAKE CITY: NUTRITION

	<p>Walmart Supercenter 350 Hope Avenue Salt Lake City, UT84115 801-484-7311 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Reams 2783 South State Street Salt Lake City, UT84115 801-485-8681 http://reamsfoods.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Rancho Market **Permanently Closed 190 East 3300 South Salt Lake City, UT84115 801-466-8700 http://www.ranchomarkets.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

SOUTH SALT LAKE CITY: BLOOD PRESSURE

	<p>Walmart Supercenter 350 Hope Avenue Salt Lake City, UT84115 801-484-7311 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
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SALT LAKE COUNTY RESOURCES

SOUTH SALT LAKE CITY: MENTAL HEALTH




NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES

TAYLORSVILLE: PHYSICAL ACTIVITY

	<p>Millrace Park 5400 S 1150 W Taylorsville, UT84123 801-963-5400 http://www.taylorsvilleut.gov/government/parks_rec/parks/neigor/millrace/</p>	<p>Walking/Jogging Path, Horseshoes, Soccer, Volleyball</p>	<p>Free</p>
	<p>Riverview Park 5840 S 700 W Murray, UT84123 385-468-7275 https://slco.org/parks/riverview-park/</p>	<p>Walking/Jogging Path, Horseshoes, Soccer, Volleyball</p>	<p>Free</p>
	<p>Valley Center 4013 S 700 W Millcreek, UT84123 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Woodstock Meadows Park 5860 S 1051 E Murray, UT84123 385-468-7275 http://slco.org/parks/woodstock-meadows-park/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Eisenhower Junior High 4351 South Redwood Road Taylorsville, UT84123 385-646-5154 http://schools.graniteschools.org/eisenhowerjr/</p>	<p>Track, Open grass</p>	<p>Free</p>


	<p>Riverview Junior High 751 Tripp Lane Murray, UT84123 801-264-7446 http://riverviewjuniorhigh.webs.com/</p>	Open grass, Tennis	Free
	<p>Taylorsville High 5225 South Redwood Road Taylorsville, UT84123 385-646-5455 http://schools.graniteschools.org/taylorsvillehigh/</p>	Track, Open grass, Tennis	Free
	<p>Jordan River Parkway Arrowhead Trailhead 4800 South 550 West Murray, UT84123 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway Kennecott Nature Center Trailhead 5044 South Clover Lane Murray, UT84123 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway 48th South Trailhead 4800 South 899 West Taylorsville, UT84123 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free

	<p>Jordan River Parkway Germania Trailhead 5279 South Murray Parkway Avenue Murray, UT84123 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway 5390 S Murray Parkway Trailhead Murray, UT84123 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway Waldon Park Trailhead 5400 South 1070 West Murray, UT84123 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free

SALT LAKE COUNTY RESOURCES

TAYLORSVILLE: NUTRITION

	<p>Bountiful Baskets Taylorsville Family Center Taylorsville, UT84123 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Smith's 665 West 5300 South Murray, UT84123 801-269-0056 https://www.smithsfoodanddrug.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Smith's 4065 Redwood Road Salt Lake City, UT84123 801-972-2294 https://www.smithsfoodanddrug.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Harmons 5454 South Redwood Road Taylorsville, UT84123 801-967-9213 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>


	<p>Walmart Supercenter 5469 South Redwood Road Taylorsville, UT84123 801-264-9666 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>John's Marketplace 4141 South Redwood Road Taylorsville, UT84123 801-261-0234 http://www.ecomadviewer.com/V87/johns-marketplace/StoreDetails https://www.facebook.com/pages/Johns-Marketplace</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

TAYLORSVILLE: BLOOD PRESSURE

	<p>Smith's 665 West 5300 South Murray, UT84123 801-269-0056 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Smith's 4065 Redwood Road Salt Lake City, UT84123 801-972-2294 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Harmons 5454 South Redwood Road Taylorsville, UT84123 801-967-9213 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walmart Supercenter 5469 South Redwood Road Taylorsville, UT84123 801-264-9666 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Fire Department 40 E 4800 S Murray, UT84107 801-264-2781 http://www.murray.utah.gov/181/Fire-Stations</p>	<p>Free Measurement - call before</p>	<p>Free</p>

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	<p>Walgreens 4668 S Redwood Road Taylorsville, UT84123 801-967-4972 http://www.walgreens.com/</p>	Blood Pressure Machine	Free
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SALT LAKE COUNTY RESOURCES


TAYLORSVILLE: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.

SALT LAKE COUNTY RESOURCES

WEST JORDAN: PHYSICAL ACTIVITY





	<p>Copperton Park 10305 S 8731 W Copperton, UT84006 385-468-7275 https://slco.org/parks/copperton-park/</p>	<p>Walking/Jogging Path, Horseshoes, Tennis</p>	<p>Free</p>
	<p>Oquirrh Highlands 6810 S 6220 W West Jordan, UT84081 385-468-7275 https://slco.org/parks/oquirrh-highland-park/</p>	<p>Walking/Jogging Path, Horseshoes, Volleyball</p>	<p>Free</p>
	<p>Off-leash Dog Park New Bingham Highway 5982 W West Jordan, UT84081 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path, Open grass</p>	<p>Free</p>
	<p>Sunset Ridge Middle 8292 South Skyline Arch Drive West Jordan, UT84081 801-412-2475 http://www.srms.info</p>	<p>Open grass</p>	<p>Free</p>
	<p>West Hills Middle 8270 South Grizzly Way West Jordan, UT84081 801-412-2300 http://westhills.jordandistrict.org/</p>	<p>Open grass</p>	<p>Free</p>


	<p>Copper Hills High 5445 New Bingham Highway West Jordan, UT84081 801-256-5300 http://copperhillshigh.org/</p>	Track, Open grass, Tennis	Free
	<p>West Jordan Middle 7550 South Redwood Road West Jordan, UT84084 801-412-2100 http://www.westjordanmiddle.org/</p>	Open grass	Free
	<p>Gene Fullmer Recreation Center 8015 S 2200 W West Jordan, UT84088 385-468-1951 http://slco.org/recreation/genefullmer/</p>	Fitness Room and Aquatics.	Prices vary by age and length of pass - check out the website or give them a call for specific costs.
	<p>Joel P. Jensen Middle 8105 South 3200 West West Jordan, UT84088 801-412-2850 http://schools.jordandistrict.org/joelpjensen/</p>	Open grass	Free
	<p>West Jordan High 8136 South 2700 West West Jordan, UT84088 801-256-5600 http://schools.jordandistrict.org/westjordanhigh/</p>	Track, Open grass, Tennis	Free

SALT LAKE COUNTY RESOURCES

WEST JORDAN: NUTRITION






	<p>Smith's 4080 West 9000 South West Jordan, UT84084 801-280-3844 https://www.smithsfoodanddrug.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Smith's 7061 South Redwood Road West Jordan, UT84084 801-566-6641 https://www.smithsfoodanddrug.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Supercenter 7671 South 3800 West West Jordan, UT84084 801-282-4066 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Wasatch Front Farmers Market Gardner Village 1100 West 7800 South West Jordan, UT84088 801-742-1592 http://www.ediblewasatch.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>


	<p>West Jordan Farmers Market Jordan School District Parking Lot 7975 South Redwood Road West Jordan, UT84088 801-742-1592 http://www.ediblewasatch.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Bountiful Baskets Conservation Garden Park West Jordan, UT84088 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>
	<p>Smith's Marketplace 1820 West 9000 South West Jordan, UT84088 801-562-4960 https://www.smithsfoodanddrug.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Macey's 7859 South 3200 West West Jordan, UT84088 801-984-8226 http://www.maceys.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Reams 2640 West 9000 South West Jordan, UT84088 801-561-9381 http://reamsfoods.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

	Anaya's Market 1556 West 7800 South West Jordan, UT84088 801-567-1520 http://www.anayasmarket.com/	Fresh Produce and other products	Prices vary
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SALT LAKE COUNTY RESOURCES

WEST JORDAN: BLOOD PRESSURE

	<p>Smith's 4080 West 9000 South West Jordan, UT84084 801-280-3844 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Smith's 7061 South Redwood Road West Jordan, UT84084 801-566-6641 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walmart Supercenter 7671 South 3800 West West Jordan, UT84084 801-282-4066 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walgreens 7794 S Redwood Road West Jordan, UT84084 801-566-7663 http://www.walgreens.com/</p>	<p>Blood Pressure Machine</p>	<p>Free</p>
	<p>Smith's Marketplace 1820 West 9000 South West Jordan, UT84088 801-562-4960 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>

	<p>Macey's 7859 South 3200 West West Jordan, UT84088 801-984-8226 http://www.maceys.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
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SALT LAKE COUNTY RESOURCES





WEST JORDAN: MENTAL HEALTH






NO RESOURCES CURRENTLY LISTED.


SALT LAKE COUNTY RESOURCES


WEST VALLEY CITY: PHYSICAL ACTIVITY

	<p>Redwood Recreation Center 3060 S Lester West Valley City, UT84119 385-468-1870 http://slco.org/recreation/redwood/</p>	<p>Fitness Room and Aquatics.</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Decker Lake Park South Parkway Blvd. (2800 S) 2300 W West Valley City, UT84119 385-468-7275 http://slco.org/parks/decker-lake/</p>	<p>Walking/Jogging Path</p>	<p>Free</p>
	<p>Hillsdale Park 3275 S 3200 W West Valley City, UT84119 385-468-7275 https://slco.org/parks/hillsdale-park/</p>	<p>Walking/Jogging Path, Horseshoes, Tennis</p>	<p>Free</p>
	<p>Holm Park 1050 W Carlisle Park Lane Salt Lake City, UT84119 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	<p>Walking/Jogging Path, Horseshoes, Soccer, Volleyball</p>	<p>Free</p>

	<p>Redwood Nature Area 2660 S 1160 W West Valley City, UT84119 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	Walking/Jogging Path	Free
	<p>Valley Junior High 4195 South 3200 West West Valley City, UT84119 385-646-5234 http://schools.graniteschools.org/valleyjr/</p>	Track, Open grass	Free
	<p>West Lake Junior High 3400 South 3450 West West Valley City, UT84119 385-646-5254 https://schools.graniteschools.org/westlakestem/</p>	Track, Open grass	Free
	<p>Granger High 3580 South 3600 West West Valley City, UT84119 385-646-5320 http://schools.graniteschools.org/grangerhigh/</p>	Track	Free
	<p>Jordan River Parkway Lester Street Trailhead 3060 South Lester Street West Valley City, UT84119 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free

	<p>Jordan River Parkway James Madison Trailhead 3300 South 1100 West Salt Lake City, UT84119 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Jordan River Parkway General Holm Trailhead 3800 South 1050 West Salt Lake City, UT84119 801-536-4158 http://jordanrivercommission.com/jordan-river-parkway-trail-map/</p>	Walking/Jogging Path	Free
	<p>Centennial Park 5405 West 3100 South West Valley City, UT84119 801-955-4000 http://www.wvc-ut.gov/214/City-Parks</p>	walking/jogging path, tennis	Free
	<p>Centennial Pool 5355 West 3100 South West Valley City, UT84120 385-468-1980 http://slco.org/centennial-pool/</p>	Swimming	Free
	<p>Harman Senior Recreation Center 4090 South 3600 West West Valley City, UT84119 801-965-5822 http://www.wvc-ut.gov/index.aspx?NID=238</p>	Fitness	Free


	<p>Chesterfield Loop 2660 S 1160 W West Valley City, UT84120 385-468-7275 http://slco.org/recreation/parks/html/locations.html</p>	Walking/Jogging Path	Free
	<p>Welcker Memorial Park 4700 S 4100 W to 4800 W Kearns, UT84118 385-468-7275 http://slco.org/parks/welcker-park/</p>	Walking/Jogging Path	Free
	<p>J. F. Kennedy Junior High 4495 South 4800 West West Valley City, UT84120 385-646-5214 http://schools.graniteschools.org/kennedyjr/</p>	Track, Open grass	Free
	<p>Hunter High 4200 South 5600 West West Valley City, UT84120 385-646-5360 http://schools.graniteschools.org/hunterhigh/</p>	Track, Open grass, Tennis	Free
	<p>Country Meadows Parks 4175 West 3980 South West Valley City, UT84120 801-955-4000 http://www.wvc-ut.gov/index.aspx?NID=214</p>	walking/ jogging path, volleyball	Free



	<p>Family Fitness Center West Valley 5415 West 3100 South West Valley City, UT84120 801-955-4000 http://www.wvc-ut.gov/index.aspx?nid=222</p>	<p>Fitness center, indoor track, lap pool</p>	<p>Prices vary by age and length of pass - check out the website or give them a call for specific costs.</p>
	<p>Fassio Farm Park 3720 South 5200 West West Valley City, UT84120 801-955-4000 http://www.wvc-ut.gov/index.aspx?NID=214</p>	<p>Walking path, open area</p>	<p>Free</p>
	<p>Hunter Junior High 6131 West 3785 South West Valley City, UT84128 385-646-5184 http://schools.graniteschools.org/hunterjr/</p>	<p>Track, Open grass</p>	<p>Free</p>
	<p>Bridle Farms Park 6690 West Hunter View Drive West Valley City, UT84128 801-955-4000 http://www.wvc-ut.gov/index.aspx?NID=214</p>	<p>Walking/Jogging Path, Open grass</p>	<p>Free</p>

SALT LAKE COUNTY RESOURCES

WEST VALLEY CITY: NUTRITION






	<p>Fresh Market 3555 West 3500 South West Valley City, UT84119 801-963-6870 http://freshmarketstores.com/fm/index.php</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Davis Food and Drug 3765 South 2700 West West Valley City, UT84119 801-969-3222 http://davisfoodanddrug.com/west_valley</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Rancho Market 2470 South Redwood Road Suite 100 West Valley City, UT84119 801-972-8800 http://www.ranchomarkets.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Bountiful Baskets Valley Fair Mall West Valley City, UT84120 TanyaandSally@BountifulBaskets.org http://www.BountifulBaskets.org</p>	<p>The Co-op offers a conventional produce basket very other week which is generally 1/2 fruit and 1/2 veggies.</p>	<p>The monetary contribution is \$15.00 and is generally worth \$50.00 retail. Organic baskets require a contribution of \$25.</p>



	<p>Smith's 4643 South 4000 West West Valley City, UT84120 801-968-1962 https://www.smithsfoodanddrug.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Harmons 3955 West 3500 South West Valley City, UT84120 801-968-3577 http://www.harmonsgrocery.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Supercenter 5675 West 6200 South West Valley City, UT84118 801-965-0125 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Supercenter 3180 South 5600 West West Valley City, UT84120 801-966-2986 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Walmart Neighborhood Market 4570 South 4000 West Salt Lake City, UT84120 801-969-1105 https://www.walmart.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Anaya's Market 4122 South 4000 West Salt Lake City, UT84120 801-967-8122 http://www.anayasmarket.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

	<p>WinCo 2572 South 5600 West West Valley City, UT84120 801-417-5570 http://winofoods.com/</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>
	<p>Smith's 5620 West 4100 South West Valley City, UT84128 801-966-1441 https://www.smithsfoodanddrug.com</p>	<p>Fresh Produce and other products</p>	<p>Prices vary</p>

SALT LAKE COUNTY RESOURCES

WEST VALLEY CITY: BLOOD PRESSURE

	<p>Fresh Market 3555 West 3500 South West Valley City, UT84119 801-963-6870 http://www.freshmarketstores.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Smith's 4643 South 4000 West West Valley City, UT84120 801-968-1962 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Harmons 3955 West 3500 South West Valley City, UT84120 801-968-3577 http://www.harmonsgrocery.com/</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walmart Supercenter 5675 West 6200 South West Valley City, UT84118 801-965-0125 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Walmart Supercenter 3180 South 5600 West West Valley City, UT84120 801-966-2986 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>

	<p>Walmart Neighborhood Market 4570 South 4000 West Salt Lake City, UT84120 801-969-1105 https://www.walmart.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>
	<p>Smith's 5620 West 4100 South West Valley City, UT84128 801-966-1441 https://www.smithsfoodanddrug.com</p>	<p>Blood Pressure Machine</p>	<p>Blood Pressure free</p>

SALT LAKE COUNTY RESOURCES

WEST VALLEY CITY: MENTAL HEALTH

NO RESOURCES CURRENTLY LISTED.